

PSIA Certified Level I Telemark ASSESSMENT FORM

Meets Standards
Does Not Meet Standards

Candidate: Assessment: Region:

Assessor(s):

Assessment	Caala	£	C-4:6:44	
ASSESSMENT	Scale	τOr	Certitied	ι Αναιι

- 1 Essential elements were not observed or not present.
- 2 Essential elements are beginning to appear.
- 3 Essential elements appear, but not with consistency.
- 4 Essential elements appear regularly at a satisfactory level.
- **5** Essential elements appear frequently, above required level.
- 6 Essential elements appear continuously, at a superior level.

ASSESSMENT CRITERIA

	ONTENIA		
Instructor Decisions & Behavior	Teaching Skills		
Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management. (Continual Assessment)	Assess & Plan: Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students.		
Needs/Safety	Assess Identify student motivations, performance, and understanding.		
Address group and individual safety and physiological needs.	Plan		
Behavior Management Exhibits positive behavior in response to feedback.	Develop a basic progression based on group needs.		
Section Average: Must be 4 or above to meet Learning Outcome	Section Average: Must be 4 or above to meet Learning Outcome		
Comments	Implement: Facilitates learning experiencs that guide students toward the agreed-upone outcome and engages them in the process.		
	Adapt Organize the learning environment based on the initial assessment of the needs of the group while managing physical and emotional risk.		
	Descriptions, Demonstrations, Feedback Provide clear, accurate, and relevant descriptions, demonstrations, and feedback.		
	Section Average: Must be 4 or above to meet Learning Outcome		
People Skills	Reflect/Review: Communicates performance changes that target the learning outcome to help students identify that a change has been made.		
Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole. (Assessed when Teaching)			
Communication Use verbal and non-verbal communication in a professional manner.	Explore, Experiment, Play Pace a clear progression that uses movement, practice, and terrain effectively.		
Active Listening	Describe & Relate Change		
Ask questions to learn about others.	Communicate changes in performance and how it relates to their skiing/riding goals.		
Feedback Delivery			
Deliver feedback that acknowledges the emotions of the group.	Section Average: Must be 4 or above to meet Learning Outcome		
Section Average: Must be 4 or above to meet Learning Outcome	Comments		
Relationships with Others: Identifies likely motivations and emotions of individuals and understands group dynamics. (Assessed when Teaching)			
Interaction			
Initiate goup interaction to build group dynamics.			
Motivations/Emotions			
Identify the motivations and emotions of students.			
Section Average: Must be 4 or above to meet Learning Outcome			
Comments			

Movement Analysis	Skiing Performance
Articulates an accurate cause-and-effect relationship between body and ski performance within any single Telemark fundamental in a specific turn phase to offer a relevant prescription for change.	Applies a blend of Telemark Skiing Fundamentals to demonstrate specific outcomes in the beginner and intermediate zones. Varies one or more of the fundamentals through any phase of the turn to:
Describe Performance Observe and describe ski and body performance in one fundamental in one phase of	Reproduce specific ski performances with moderate accuracy.
the turn.	Reproduce a selected turn size, shape, and speed.
Cause-and-Effect Identify and describe the cause and effect relationships between body performance and ski performance for one fundamental in one turn phase.	Demonstrate a functional telemark stance and movement.
Evaluate and Prescribe Compare a described performance to the ideal and prescribe a specific change in	Section Average: Must be 4 or above to meet Learning Outcome
one fundamental. Equipment	Applied Assessment Activities Performed
Observe and describe how equipment choices and issues affect performance and safety.	Blended Assessment Activities Performed
Section Average: Must be 4 or above to meet Learning Outcome	biended Assessment Activities Performed
Comments	Highlighted Assessment Activities Performed
	Comments
Technical Understanding	
Uses current PSIA resources to describe elements of ideal performances, using the telemark fundamentals separately.	
Understanding of Ideal	
Describe ideal performances, referencing at least one of the telemark skiing fundamentals in any turn phase in the beginner/novice zone.	
Understanding of Biomechanics/Physics Reference biomechanics and physics principles relevant to skiing outcomes.	
Equipment	
Accurately discuss how equipment choices and issues affect performance and safety in the beginner/novice skier zone.	
Utilizes Resources	
Use Level I-specific information from current PSIA resources relative to the desired outcome.	
Section Average: Must be 4 or above to meet Learning Outcome	
Comments	