ASSESSMENT FORM

PROFESSIONAL SKI INSTRUCTORS OF AMERICA · AMERICAN ASSOCIATION OF SNOWBOARD INSTRUCTORS

☐ Attained
☐ Did Not Attain

CANDIDATE	ASSESSMENT	EVENT / DATE	EXAMINER
	Telemark Level 1		

ASSESSMENT SCALE

1 Essential elements were not observed or not present
2 Essential elements are beginning to appear
3 Essential elements appear, but not with consistency
4 Essential elements appear regularly at a satisfactory level
5 Essential elements appear frequently, above required level
6 Essential elements appear continuously, at a superior level

01 Instructor Decisions & Behavior

Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management.

AVG _____ · MET ☐ (≥4)

Needs/Safety
Address group and individual safety and physiological needs.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Behavior Management
Exhibit positive behavior in response to feedback.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

02 People Skills

Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole.

AVG _____ · MET ☐ (≥4)

Communication
Use verbal and non-verbal communication in a professional manner.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Active Listening
Ask questions to learn about others.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Feedback Delivery
Deliver feedback that acknowledges the emotions of the group.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

AVG _____ · MET ☐ (≥4)

Relationships with Others: Identifies likely motivations and emotions of individuals and understands group dynamics.

Interaction
Initiate group interaction to build group dynamics.
1 2 3 4 5 6

Motivations/Emotions
Identify the motivations and emotions of students.
1 2 3 4 5 6

MODULE SUMMARY

03 Movement Analysis

Articulates accurate cause-and-effect relationships of Technical Fundamentals within all phases of the turn to offer a relevant prescription for change for skiers in the beginner/novice zone.

AVG _____ · MET ☐ (≥4)

Observe & Describe
Observe and describe the application of one or more Technical Fundamental(s) in all turn phases.
1 2 3 4 5 6

Evaluate & Describe
Evaluate and describe the cause and effect relationships of one or more Technical Fundamental(s) relative to the desired outcome.
1 2 3 4 5 6

Prescription
Prescribe a specific change, related to one Technical Fundamental, to achieve the desired outcome.
1 2 3 4 5 6

MODULE SUMMARY

04 Technical Understanding

Describes specific performances using Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources.

AVG _____ · MET ☐ (≥4)

Understanding of Biomechanics/Physics
Describe the application of one or more Technical Fundamental(s) and respective biomechanics and physics within the turn phases of a specific outcome.
1 2 3 4 5 6

Fundamentals to Personal Performance
Compare the application of one or more Technical Fundamental(s) to personal performance.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Tactics, Equipment, Physical, Environment
Describe the impacts of tactical decisions, equipment choices, physical development, terrain, and snow variation, to a skiing outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

05 Teaching Skills

Assess & Plan: Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students.

AVG _____ · MET ☐ (≥4)

Assess
Identify student motivations, performance, and understanding.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Plan
Develop a basic progression based on group needs.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Implement: Facilitates learning experiences that guide students toward the agreed-upon outcome and engages them in the process.

AVG _____ · MET ☐ (≥4)

Adapt
Organize the learning environment based on the initial assessment of the needs of the group while managing physical and emotional risk.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Descriptions, Demonstrations, Feedback
Provide clear, accurate, and relevant descriptions, demonstrations, and feedback.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Reflect/Review: Communicates performance changes that target the learning outcome to help students identify that a change has been made.

AVG _____ · MET ☐ (≥4)

Explore, Experiment, Play
Pace a clear progression that uses movement, practice, and terrain effectively.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Describe & Relate Change
Communicate changes in performance and how it relates to their skiing/riding goals.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

06 Skiing Performance

Applies the Technical Fundamentals to produce reliable balance, directional control, and speed management in beginner and easier intermediate terrain.

AVG _____ · MET ☐ (≥4)

Integrate Fundamentals
Demonstrate the Indicators of Integration at a functional level during prescribed activities.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Individual Fundamentals
Use individual Technical Fundamentals as prescribed.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Versatility
Demonstrate versatility by varying turn shape, turn size, and line through intermediate zone terrain.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

ASSESSMENT ACTIVITIES PERFORMED

- ☐ Telemark Shuffle Traverse
- ☐ Carved Uphill Arc
- ☐ Sideslip w/ Edge Set
- ☐ Monomark
- ☐ Skating
- ☐ Straight Run Telemark Leaper
- ☐ Medium Radius Turns, On and/or Off Piste
- ☐ Large Radius Turns, On and/or Off Piste
- ☐ Short Radius Turns, On and/or Off Piste

MODULE SUMMARY