ASSESSMENT FORM

PROFESSIONAL SKI INSTRUCTORS OF AMERICA · AMERICAN ASSOCIATION OF SNOWBOARD INSTRUCTORS

☐ Attained
☐ Did Not Attain

CANDIDATE _____

ASSESSMENT
Telemark Level 2 — Movement Analysis & Technical Understanding

EVENT / DATE _____

EXAMINER _____

ASSESSMENT SCALE

1 Essential elements were not observed or not present
2 Essential elements are beginning to appear
3 Essential elements appear, but not with consistency
4 Essential elements appear regularly at a satisfactory level
5 Essential elements appear frequently, above required level
6 Essential elements appear continuously, at a superior level

01 Instructor Decisions & Behavior

Professionalism and Self-Management: Contributes to a professional environment by managing their behaviors and emotions in response to others.

AVG _____ · MET ☐ (≥4)

Needs/Safety
Address group and individual needs for belonging.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Feedback
Manage behavioral responses.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

02 Movement Analysis

Articulates accurate cause-and-effect relationships between body and ski performance of Technical Fundamentals through all phases of the turn, resulting in an effective prescription for change for skiers through the intermediate zone.

AVG _____ · MET ☐ (≥4)

Observe and Describe
Observe and describe the application of two or more Technical Fundamentals in all turn phases.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Evaluate and Describe
Evaluate and describe the cause and effect relationships of two or more Technical Fundamentals relative to the desired outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Prescription

Prescribe a specific change, related to one or more Technical Fundamentals, to achieve the desired outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

03 Technical Understanding

Describes specific performances using Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources.

AVG _____ · MET ☐ (≥4)

Understanding of Biomechanics/Physics

Describe the application of two or more Technical Fundamentals and respective biomechanics and physics within the turn phases of a specific outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Fundamentals to Personal Performance

Compare the application of two or more Technical Fundamentals to personal performance.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Tactics, Equipment, Physical, Environment

Describe the impacts of tactical decisions, equipment choices, physical development, terrain, and snow variation, to a skiing outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY