ASSESSMENT FORM

PROFESSIONAL SKI INSTRUCTORS OF AMERICA · AMERICAN ASSOCIATION OF SNOWBOARD INSTRUCTORS

☐ Attained
☐ Did Not Attain

CANDIDATE	ASSESSMENT	EVENT / DATE	EXAMINER
	Adaptive Alpine Level 2 — Stand-Up / Physical Diagnoses		

ASSESSMENT SCALE

1 Essential elements were not observed or not present
2 Essential elements are beginning to appear
3 Essential elements appear, but not with consistency
4 Essential elements appear regularly at a satisfactory level
5 Essential elements appear frequently, above required level
6 Essential elements appear continuously, at a superior level

01 Instructor Decisions & Behavior

Professionalism and Self-Management: Contributes to a professional environment by managing their behaviors and emotions in response to others.

AVG _____ · MET ☐ (≥4)

Needs/Safety
Address group and individual needs for belonging.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Behavior Management
Manage behavioral responses.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

02 Assessment, Equipment, & Tactics

Demonstrates a refined understanding of the components of student assessment, including students' cognitive, affective, and physical abilities and needs, and how equipment selection, setup, and tactics enhance learning for stand-up skiers with physical diagnoses.

AVG _____ · MET ☐ (≥4)

Student Assessment
Appropriate student assessments.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Equipment Choices
Assistive equipment choices.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Equipment Set-Up
Assistive equipment set-up.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Technique & Tactics
Assistive technique and tactical choices.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

03 Diagnoses & Medications

Demonstrates a refined understanding of common diagnoses and a basic understanding of common accompanying diagnoses - as well as applicable medication classifications and their potential side effects - in relation to the adaptive discipline, skiing performance, and teaching considerations for skiers in the intermediate zone.

AVG _____ · MET ☐ (≥4)

Diagnoses
Single and multiple diagnoses.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Medications
Medication classifications and potential side effects.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Strategies for Diagnoses & Medications
Strategies to prevent, reduce, and safely respond to corollary effects of students' diagnoses and medications.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

04 Technical Tactics & Communication

Demonstrates a refined understanding of technical tactics and communication strategies for working with and guiding intermediate skiers with stand-up physical diagnoses through the mountain environment.

AVG _____ · MET ☐ (≥4)

Safety Procedures
Accurately demonstrating procedures for safely navigating the mountain environment.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Adjusting Personal Performance

Adjusting personal performance, teaching, and tactics to direct student performance - using duration, intensity, rate, and timing (DIRT) - and accounting for the diagnoses as well as changing snow conditions.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Communication

Applying and adapting verbal and nonverbal two-way communication to facilitate a change in student performance.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

05 Movement Analysis

Articulates accurate cause-and-effect relationships between body and ski performance of the Alpine Skiing Fundamentals through all phases of the turn, resulting in an effective prescription for change for stand-up skiers with physical diagnoses through the intermediate zone.

AVG _____ · MET ☐ (≥4)

Observe and Describe

Observing and describing the application of two or more alpine fundamentals in all turn phases.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Evaluate and Describe

Evaluating and describing the cause and effect relationships of two or more alpine fundamentals relative to the desired outcome.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Prescription

Prescribing a specific change in one Alpine Skiing Fundamental using duration, intensity, rate, and timing (DIRT) to create a change in agreed-upon outcomes.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

Equipment, Technique, Tactics

Relating how equipment choices, techniques, and tactics affect outcomes.

○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY

06 Adaptations of Teaching Skills

Demonstrates their ability to adapt the Teaching Skills learning outcomes relative to stand-up skiers with physical diagnoses and adapts learning experiences as necessary, moving toward the agreed-upon outcomes while engaging them in the process.

AVG _____ · MET ☐ (≥4)

Assess	Periodically reassessing student motivations, current performance, and understanding.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Collaborate	Collaborating with students to establish and adapt a lesson plan with clear direction and focus.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Plan Lesson	Planning lessons that provide time for play and/or exploration through productive use of movement, practice time, terrain, and applicable behavior management strategies.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Adapt	Managing the learning environment and adapting teaching strategies to align with the individual needs of students, both one-on-one and within a group.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Descriptions, Demonstrations, Feedback	Providing clear and relevant information (descriptions, demonstrations, and feedback) that encourages learning and engagement.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Manage Risk	Manage physical and emotional risk to promote engagement in the learning environment.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Pacing	Pacing learning activities to allow students reflection time as they explore, experiment, and/or play toward the agreed-upon outcomes while accommodating for any corollary effects of students' diagnoses and medications.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Describe Change	Helping students recognize and understand change in performance relative to outcomes.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
Relate Change	Helping students apply improved skills to skiing situations.	○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6

MODULE SUMMARY