

Trainer Courses - Event Descriptions

Resort Trainer (2-Day Event) - Annual Education Course

This two-day course is offered across the Division to help support and develop Resort Trainers. It is for both experienced trainers and instructors that want to become trainers. All levels of trainers should attend yearly to work along side the Division's leading Trainers. For In-House Trainers, annual attendance is required to sign-off participants. This course is where trainers will develop the training skills needed to run clinics at their home resort and stay current with professional education. The course offerings are catered to meet the training needs of the member schools, including updates on certification standards and ski/riding techniques as well as information to further develop the skills needed to be an effective trainer.

Prerequisites:

- PSIA/AASI Level 2 or Level 3 Certification
 - Currently Employed by a PSIA/AASI Member School
 - Willingness and ability to meet the demands of sports trainer and presenter
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Divisional Trainer (4-Day Course) - Course Outline

The PSIA-AASI West Divisional Trainer Accreditation is a training and evaluation process that introduces a competent Level 3 instructor to the theories and practices of becoming a successful trainer of instructors in the Western Division. Becoming a trainer is not simply a case of sitting one more exam after passing the Level III Certification. While training has many components of teaching and relies on strong teaching abilities, there are significant differences between teaching students and training instructors which this course highlights. Candidates working through this program must have a strong teaching background and experience of teaching at all levels. Candidates must also have the opportunity to present clinics to instructors at their home resorts in order to practice the skills necessary to develop into a successful trainer and pass the certification exam.

This course is for any fully certified instructor that has extensive experience training and wants to be recognized as a competent trainer in the Western Division. This course will help guide participants in understanding and applying the difference between skill sets for teaching a lesson as an instructor versus leading a clinic as a trainer. This course can also act as a stepping stone for people who want to grow their clinician and presentation skills for their career development pathway. The four-day course consists of a Training Day, an Assessment Day and a two-day Evaluation. Participants must attend all days and meet all aspects of the Divisional Trainer Standards to successfully complete the course and be acknowledged as a Western Divisional Trainer. However, no matter the results of the evaluation, participants are considered to be active and integral parts of the organizations Trainer's network.

Prerequisites:

- PSIA/AASI Level 3 Certification in good standing
- Currently Employed by a PSIA/AASI Member School
- Attended the Western Division Resort Trainer Course, within the past two seasons
- Experience training instructors and running clinics
- Willingness and ability to meet the demands of sports trainer and presenter
- Sign Up for the course event days at least two weeks prior to the start date

Upon completion of a Level III Certification, along with the other course prerequisites, a candidate becomes eligible to enroll in the Divisional Trainer program. However, it is highly recommended that an instructor have several seasons experience as a level III instructor as well as real life experience working as a trainer in order to gain the knowledge and maturity to successfully transition to become a competent trainer and attain the Divisional Trainer qualification.

Training Day (1-Day)

The Training Day introduces training theory and concepts relative to becoming an effective trainer. It is expected that candidates will be involved in training programs at their home resorts and that they will have ample opportunity to put these concepts into practice. This will help candidates to develop their own style of training, and help to make them proficient at communicating more complex theories to their trainees. After the Training Day participants will be assigned a Trainer Development Workbook to complete prior to the start of the Assessment Day.

Assessment Day (1-Day)

The Assessment Day will give participants an opportunity to lead their own on-snow clinic. This allows participants be given an assessment in their ability to lead a clinic and develop the skills of their peers. Each candidate will receive feedback on both training abilities and the ability to give constructive feedback. Candidates are encouraged to prepare this clinic ahead of time and have delivered the clinic previously. However, weather and snow conditions are unpredictable so candidates must be flexible in their delivery. This assessment will be a good test of training abilities for the real world experience as a Divisional Trainer.

Evaluation (2-Days)

The Evaluation evaluates the candidates' ability to apply functional and safe training techniques

in a variety of settings as explained in the Western Divisional Trainer Standards. To become a Western Divisional Trainer, a candidate must show their ability to create a safe and fun learning environment that applies effective use of Training Theory and Concepts. This must be done while showing proper movement techniques and an in-depth knowledge of the presented materials. On day-one the candidate will give a clinic of their choice in their area of expertise appropriate to the group. On day-two the candidates will give a clinic on the spot designated by the evaluator, similar to what would be required in a real training situation for Level 1 and Level 2 Instructors. Trainers must be able to apply and synthesize the concepts behind teaching how to teach in a real life setting to successfully complete the course.

Notes

Course Changes:

The word Accreditation will be dropped from the name. While the successful completion of the event does accredit the certified instructor as a trainer, the name tends to be misleading in the title of the course. The names of the individual components of the Divisional Trainer will be changed to better communicate what each day consists of within the course, changing from; Prep 1 to Training Day, Prep 2 to Assessment Day, Exam to Evaluation.
