



# PSIA Certified Level III Telemark Movement Analysis & Technical Understanding ASSESSMENT FORM

- Meets Standards  
 Does Not Meet Standards

**Candidate:**  
**Assessment:**  
**Region:**  
**Assessor(s):**

Assessment Scale for Certified Level III	
1	Essential elements were not observed or not present.
2	Essential elements are beginning to appear.
3	Essential elements appear, but not with consistency.
4	Essential elements appear regularly at a satisfactory level.
5	Essential elements appear frequently, above required level.
6	Essential elements appear continuously, at a superior level.

## ASSESSMENT CRITERIA

Instructor Decisions & Behavior	Technical Understanding
<b>Professionalism and Self Management: Promotes a professional environment by adapting behaviors to positively affect others. (Continual Assessment)</b>	<b>References current and historic PSIA resources and information to evaluate ideal performances, using the telemark fundamentals while considering tactics and equipment choices.</b>
<b>Needs/Safety</b> Address group and individual needs for esteem.	<b>Understanding of Ideal</b> Accurately identify and describe ideal performances, using telemark fundamentals in blended relationships through the advanced zone.
<b>Behavior Management</b> Adapts behaviors for positive group and individual interaction.	<b>Understanding of Biomechanics/Physics</b> Accurately discuss telemark fundamentals, tactical choices and equipment options using relevant biomechanics and physics principles.
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	<b>Equipment</b> Accurately compare how equipment choices and issues affect performance through the advanced zone.
<b>Comments</b>	<b>Utilizes Resources</b> Accurately compare information from multiple resources (PSIA telemark and other relevant content) relative to personal performance or the desired outcome.
	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
	<b>Comments</b>
Movement Analysis	
<b>Describes Telemark skiing performances citing, cause and effect relationships of multiple telemark fundamentals in all turn phases, resulting in an effective prescription for change.</b>	
<b>Describe Performance</b> Accurately observe and describe ski and body performance relative to multiple telemark fundamentals in all turn phases, and from turn to turn.	
<b>Connect Performance</b> Accurately observe and connect body performance to ski performance in multiple telemark fundamentals in all turn phases, and from turn to turn.	
<b>Cause-and-Effect</b> Accurately observe and describe the cause and effect relationships between multiple telemark fundamentals in all turn phases, and from turn to turn.	
<b>Evaluate and Prescribe</b> Compare the observed performance to the ideal and prescribe specific changes and/or blending of the telemark fundamentals, using DIRT (duration, intensity, rate, and timing) to create a more ideal outcome.	
<b>Equipment</b> Consider the relationship of a student's tactical choices and equipment selection to a more ideal/desired outcome.	
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	
<b>Comments</b>	