



# PSIA Certified Level I Telemark ASSESSMENT FORM

- Meets Standards  
 Does Not Meet Standards

**Candidate:**  
**Assessment:**  
**Region:**  
**Assessor(s):**

Assessment Scale for Certified Level I	
1	Essential elements were not observed or not present.
2	Essential elements are beginning to appear.
3	Essential elements appear, but not with consistency.
4	Essential elements appear regularly at a satisfactory level.
5	Essential elements appear frequently, above required level.
6	Essential elements appear continuously, at a superior level.

## ASSESSMENT CRITERIA

Instructor Decisions & Behavior	Teaching Skills
<b>Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management. (Continual Assessment)</b>	<b>Assess &amp; Plan: Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students.</b>
<b>Needs/Safety</b> Address group and individual safety and physiological needs.	<b>Assess</b> Identify student motivations, performance, and understanding.
<b>Behavior Management</b> Exhibits positive behavior in response to feedback.	<b>Collaborate</b> Select basic progression with clear direction and focus.
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	<b>Plan Lesson</b> Plan lessons that involve productive use of movement, practice time, and terrain.
<b>Comments</b>	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
	<b>Implement: Facilitates learning experiences that guide students toward the agreed-upon outcome and engages them in the process.</b>
	<b>Adapt</b> Organize the learning environment to align with the initial assessment of the group.
	<b>Descriptions, Demonstrations, Feedback</b> Give the group relevant information that encourages learning.
	<b>Manage Risk</b> Manage physical and emotional risk to maintain engagement in the learning environment.
	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
<b>People Skills</b>	<b>Reflect/Review: Communicates performance changes that target the learning outcome to help students identify that a change has been made.</b>
<b>Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole. (Assessed when Teaching)</b>	<b>Explore, Experiment, Play</b> Pace a clear progression to allow students reflection time to explore, experiment, and/or play toward desired outcomes.
<b>Communication</b> Use verbal and non-verbal communication in a professional manner.	<b>Describe Change</b> Communicate changes in performance.
<b>Active Listening</b> Ask questions to learn about others.	<b>Relate Change</b> Relate changes in performance to lesson outcomes.
<b>Feedback Delivery</b> Deliver feedback that acknowledges the emotions of the group.	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
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<b>Relationships with Others: Identifies likely motivations and emotions of individuals and understands group dynamics. (Assessed when Teaching)</b>	
<b>Interaction</b> Initiate group interaction to build group dynamics.	
<b>Motivations/Emotions</b> Identify the motivations and emotions of students.	
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	
<b>Comments</b>	

Movement Analysis	Skiing Performance
<p><b>Articulates an accurate cause-and-effect relationship between body and ski performance within any single Telemark fundamental in a specific turn phase to offer a relevant prescription for change.</b></p>	<p><b>Applies a blend of Telemark Skiing Fundamentals to demonstrate specific outcomes in the beginner and intermediate zones. Varies one or more of the fundamentals through any phase of the turn to:</b></p>
<p><b>Describe Performance</b> Observe and describe ski and body performance in one fundamental in one phase of the turn.</p>	<p>Reproduce specific ski performances with moderate accuracy.</p>
<p><b>Cause-and-Effect</b> Identify and describe the cause and effect relationships between body performance and ski performance for one fundamental in one turn phase.</p>	<p>Reproduce a selected turn size, shape, and speed.</p>
<p><b>Evaluate and Prescribe</b> Compare a described performance to the ideal and prescribe a specific change in one fundamental.</p>	<p>Demonstrate a functional telemark stance and movement.</p>
<p><b>Equipment</b> Observe and describe how equipment choices and issues affect performance and safety.</p>	<p><b>Section Average:</b> Must be 4 or above to meet Learning Outcome</p>
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<p><b>Comments</b></p>	
	<p><b>Blended Assessment Activities Performed</b></p>
	<p><b>Highlighted Assessment Activities Performed</b></p>
	<p><b>Comments</b></p>

Technical Understanding
<p><b>Uses current PSIA resources to describe elements of ideal performances, using the telemark fundamentals separately.</b></p>
<p><b>Understanding of Ideal</b> Describe ideal performances, referencing at least one of the telemark skiing fundamentals in any turn phase in the beginner/novice zone.</p>
<p><b>Understanding of Biomechanics/Physics</b> Reference biomechanics and physics principles relevant to skiing outcomes.</p>
<p><b>Equipment</b> Accurately discuss how equipment choices and issues affect performance and safety in the beginner/novice skier zone.</p>
<p><b>Utilizes Resources</b> Use Level I-specific information from current PSIA resources relative to the desired outcome.</p>
<p><b>Section Average:</b> Must be 4 or above to meet Learning Outcome</p>
<p><b>Comments</b></p>