

## SENIOR SPECIALIST LEVEL I:

This 2 day event is for Level 1-2 or 3 certified instructors of any age who would like to improve their skills working with beginning and intermediate senior skiers. Course includes study of contemporary skiing and modern equipment- how these elements can maximize enjoyment of the sport for seniors. We will also cover how to work with seniors in terms of pacing a lesson, group dynamics, and flexibility to student's physical limitations. This is a *Teaching Clinic & Exam. You will be evaluated on your teaching.* The Specialist clinic includes coaching your skiing, video analysis and personal skiing improvement, but there is no skiing exam.

### Prerequisites

Level 1-2 or 3 certified instructors

### Recommended Reading

Senior Handbook

## SENIOR SPECIALIST LEVEL II:

This 2-day event is for Level 2-3 certified instructors of any age who would like to improve their skills working with all levels of senior skiers. Course includes in-depth study of the technical and tactical elements of contemporary skiing and modern equipment as applied to seniors. We will study how modern techniques can optimize strength and balance, and expand enjoyment. We will also cover how to work with seniors in terms of pacing a lesson, group dynamics, and flexibility to student's physical limitations. This is a *Teaching Clinic & Exam. You will be evaluated on your teaching.* The specialist clinic includes coaching your skiing, video analysis and personal skiing improvement, but there is no skiing exam.

Prerequisites: Level 2-3 Alpine certified instructors

### Recommended Reading

Senior Handbook