



# PSIA-AASI FREESTYLE SPECIALIST

## Western Assessment Form



NAME:

RESORT:

DATE:

STAFF:

## SESSION RESULT:

## Proficiency Levels:

INTRO - Safety & Skill Training  
 FS1 - Freestyle Specialist Level One  
 FS2 - Freestyle Specialist Level Two  
 FS3 - Freestyle Specialist Level Three

Reference PSIA AASI National Freestyle Standards

All proficiency elements must be completed to a satisfactory level.

1. Essential elements were not observed or **not present**.
2. Essential elements are **beginning to appear**.
3. Essential elements appear but **not with consistency**.
4. Essential elements appear regularly at a **satisfactory level**.
5. Essential elements appear **frequently above** the required level.
6. Essential elements appear **continuously at a superior level**.

## TEACHING &amp; TECHNICAL

INTRO

FS1

FS2

FS3

## SAFETY

	-	FS1	FS2	FS3
Risk Analysis				
Responsibility Code				
Park S.M.A.R.T.				
Etiquette & Flow				
Student Experience				

## TEACHING

	-	FS1	FS2	FS3
The Learning Connection				
Freestyle Teaching Models				
Progression Building				
Learning Experience				
Lesson Delivery & Feedback				

## KNOWLEDGE &amp; MA

	-	FS1	FS2	FS3
Use of ATML Model				
Observations / Cause & Effect				
Movement Patterns & Biomechanics				
Freestyle Technical Knowledge				

Knowledge &amp; Comprehension, Application &amp; Analysis, Synthesis &amp; Evaluation

## SKIING/RIDING SKILLS

INTRO

FS1

FS2

FS3

## FLATLAND

	-	FS1	FS2	FS3
Switch Skiing/Riding				
Ollie & Nollies				
Butters				

## JUMPS / AIR

	-	FS1	FS2	FS3
Straight Airls				
Grabs				
Spins				

## SLIDING FEATURES

	-	FS1	FS2	FS3
Rotational Moves				
Pressure Moves				
Enter/Exit Variations				

## HALFPIPE

	-	FS1	FS2	FS3
Trajectory				
Amplitude				
Spins				

Cognitive &amp; Initial, Associative &amp; Elementary, Autonomous &amp; Mature

## ADDITIONAL FEEDBACK &amp; CONTINUED DEVELOPMENT: