



**WESTERN
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Freestyle Specialist: Level One - Summary of Learning Outcomes

The specific instructor knowledge, skills, and abilities that a participant has achieved with successful completion of the Level One Freestyle Specialist course (FS1).

Safety & Risk Analysis

A Level One Freestyle Specialist can provide a safe learning environment for base level freestyle students performing freestyle maneuvers and tricks in and out of terrain parks and halfpipes through use of Park SMART, current risk management practices, and class handling techniques.

Movement Skills

A Level One Freestyle Specialist has the ability to demonstrate to students a range of tricks and maneuvers relative to the FS1 proficiency requirements for the purpose of enhancing the learning experience. This visual demonstration of the maneuvers students are training toward improves student learning and assists students in achieving specific freestyle goals.

**Reference National Freestyle Standards and Stages of Motor Development*

Freestyle Teaching

A Level One Freestyle Specialist has shown knowledge of PSIA AASI freestyle models and freestyle teaching techniques, giving them a base foundation for delivering freestyle lessons. These skills allow the instructor to understand student expectations, set realistic freestyle goals, manage student fears when practicing freestyle maneuvers, and improve student retention by engaging them with freestyle terrain.

Freestyle Knowledge

A Level One Freestyle Specialist has shown knowledge of freestyle terminology, culture, and equipment along with an understanding of the cause and effect relationships for base level Freestyle maneuvers. The first level of the freestyle specialist program broadens the instructor's knowledge base for the next steps of freestyle teachings as well as sets pathways for continued professional development.



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Freestyle Specialist: Level Two - Summary of Learning Outcomes

The specific instructor knowledge, skills, and abilities that a participant has achieved with successful completion of the Level Two Freestyle Specialist course (FS2).

Safety & Risk Analysis

A Freestyle Specialist Level Two can provide a safe learning environment for students performing freestyle maneuvers and tricks up to an intermediate level in and out of terrain parks and halfpipes through use of Park SMART, current risk management practices, and class handling techniques.

Movement Skills

A Level Two Freestyle Specialist has the ability to demonstrate to students a range of tricks and maneuvers relative to the FS2 proficiency requirements for the purpose of enhancing the learning experience. This visual demonstration of the maneuvers students are training toward improves student learning and assists students in achieving specific freestyle goals.

**Reference National Freestyle Standards and Stages of Motor Development*

Freestyle Teaching

A Level Two Freestyle Specialist has shown the ability to apply Freestyle Models and Freestyle Teaching Techniques across a wide range of freestyle lessons. These skills allow the instructor to understand and analyze student expectations, set realistic freestyle goals, develop progressions and activities to manage fears when practicing freestyle maneuvers, and improve student retention by engaging them to freestyle terrain and long-term student milestones.

Freestyle Knowledge

A Level Two Freestyle Specialist has the ability to use and apply freestyle terminology, culture, and equipment knowledge to engage the student and share the freestyle experience. The Freestyle Specialist Level Two has an in-depth understanding and ability to apply of cause and effect relationships to intermediate level freestyle maneuvers. The application of freestyle specific knowledge allows the instructor to develop a range of student learning experiences when practicing freestyle maneuvers.



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Freestyle Specialist Level Three - Summary of Learning Outcomes

The specific instructor knowledge, skills, and abilities that a participant has achieved with successful completion of the Level Three Freestyle Specialist course (FS3).

Safety & Risk Analysis

A Level Three Freestyle Specialist can provide a safe learning environment for students performing all levels of freestyle maneuvers and tricks in and out of terrain parks and halfpipes through use of Park SMART, current risk management practices, and class handling techniques.

Movement Skills

A Level Three Freestyle Specialist has the ability to demonstrate to students a range of tricks and maneuvers relative to the FS3 proficiency requirements for the purpose of enhancing the learning experience. This visual demonstration of the maneuvers students are training toward improves student learning and assists students in achieving specific freestyle goals.

**Reference National Freestyle Standards and Stages of Motor Development*

Freestyle Teaching

A Level Three Freestyle Specialist has shown the ability to use Freestyle Models and Freestyle Teaching Techniques to create a large range of student learning experiences across all aspects of freestyle terrain and skill levels. These skills allow the instructor to evaluate student expectations, set realistic freestyle goals, create personalized progressions and targeted coaching activities to manage fears when practicing freestyle maneuvers, and improve student retention by engaging them to freestyle terrain and setting focused student milestones.

Freestyle Knowledge

A Freestyle Specialist Level Three has an in-depth understanding of freestyle terminology, culture, and equipment knowledge to create pointed learning experiences for freestyle students at all levels. The Freestyle Specialist Level Three can use movement analysis to create progressions for the most advanced freestyle maneuvers. The use of freestyle specific knowledge allows the instructor to create a large range of student learning experiences and individualized coaching when practicing advanced freestyle maneuvers.