

Knowledge/Performance Areas **Adaptive Snowboard**

Riding Demonstrations:	_____
Tasks	_____
Functional mechanics	_____
ATS	_____
Movement Analysis – Observation, Evaluation, Prescription	
Equipment knowledge – Snowboard, Adaptive	_____
Smart style	_____
TTPP	
ATML	_____
Responsibility code	_____
Safety/fun/learning	
Teaching cycle/learning partnership	_____
Learning styles	
Teaching styles - L1 is task and command, L2 adds problem solving, guided discovery and reciprocal	_____
Progressions: corrective vs. developmental	_____
Corrective and developmental progressions for discipline being examined	_____
Physics - friction/centripetal/centrifugal/cm/differential friction	_____
Anatomy – joints, bones, ligaments, tendons, vertebrae, muscles, nerves, brain, eyes	_____
Gardiner’s Multiple Intelligences	_____
Maslow’s Hierarchy of Needs	_____
Developmental models - CAP model, Piaget, Phases of Motor Skills Acquisition	_____
PDAS	_____
Behavior modification	_____
Discipline - Vi, Cog/Id, Bi-ski, Mono-ski, SU	_____
SB equivalencies	_____
Disabilities - knowledge of disability including description of impact	_____
Red flags/teaching considerations	_____
Assessment	_____
Medications - classifications, not names	_____
Fitting for related disability	_____
Assists/holds - Cass, 2-point, horse and buggy, runaway, tip connectors, spreader bar, tethers, shims, slider, seat assist, cants, climbing harness, etc.	_____
Disability Etiquette	_____
Parent/caregiver role	_____

