

# **PATHWAY TO CERTIFICATION**

## **(1) ONLINE EXAMINATION**

For Level 1 candidates, prior to registering for your on-snow exam you must complete the [Adaptive Level 1 Professional Knowledge Exam](#) appropriate to the Adaptive discipline you will test in.

For Level 2 candidates, prior to registering for your on-snow exam you must complete the [Adaptive Level 2 Professional Knowledge Exam](#) appropriate to the Adaptive module you will test in.

For Level 3 candidates, prior to registering for your on-snow exam you must complete the [Adaptive Level 3 Professional Knowledge Exam](#) appropriate to the Adaptive discipline/module you will test in.

## **(2) VIDEO ANALYSIS**

- After passing the online examination, you must determine whether you need a video submission (see below).
- For those people taking the Bi/Mono examination, a video must be provided following the below steps.
  - Candidate is having video taken of themselves in the equipment.
  - Candidate must produce a video clip (30 seconds or less) showing a minimum of five turns in each direction on terrain appropriate for the certification level (see below) with a camera perspective of the skier approaching, passing and riding away.
- Candidate must produce a second video showing loading/unloading appropriate for the certification level (see below).
- At least two weeks prior to exam date, candidate will email video clips to the Adaptive Event Committee Chair (Dan Stormer: dstormer@hadsellstormer.com).
- The Adaptive Event Committee Chair will forward the clips to the examiner assigned to the event.
- Within three days of receiving the video, the examiner will review and advise the candidate (copying the Event Chair and Office) of meeting or not meeting the standard.

- Only one video submission per exam cycle is allowed. If candidate does not meet the standard, the office will be instructed to remove the candidate from the exam roster and inform the candidate that s/he will not be able to take the exam. This constitutes a failure of the exam and, in order to pass, the candidate must register when next s/he takes the examination.

### **(3) REGISTRATION**

- Review the event registration information and register for your on-snow exam via the [Event Calendar on the Western Division website](#).

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### **(4) ADAPTIVE DISCIPLINES**

#### **Ski:**

- Cognitive/Intellectual Disabilities
- Vision Impairments
- Bi-Ski
- Mono-Ski
- 3 Track
- 4 Track

#### **Snowboard:**

- Cognitive/Intellectual Disabilities
- Vision Impairments
- Bi-Ski
- Mono-Ski
- Stand-Up

### **(5) EXAMINATION STANDARDS AND CONTENT**

#### **LEVEL 1 EXAM:**

Standards include basic knowledge and teaching through the beginner/novice zone (level 4 ski or level 3 snowboard) in **one adaptive discipline** (see below).

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- Pass online level 1 test (ATS and discipline specific).
- Pass two-day Level 1 exam covering Teaching & Technical and either skiing/riding to intermediate level (basic parallel for skiing, linked skidded turns for snowboarding).
- Equipment riding requirements:
  - Mono ski - load and unload with assistance and demo beginner turns on easiest green terrain.
  - Bi ski - with full assist load and demo edge priority turns one easiest green terrain.
  - 3-Track/4-Track Skiing - Ski equipment to beginning level one easiest green terrain.
  - Stand-Up Snowboarding - Proficient outrigger use to the beginner level on easiest green terrain.

### **LEVEL 2 EXAM:**

Standards include basic knowledge and teaching through the intermediate zone (level 6 ski or level 5 snowboard) in **ALL ADAPTIVE DISCIPLINES** within the ski or snowboard certification (see below).

- Pass a one-day, Level 2 Adaptive skiing or riding exam -or - previously passed the Level 2 Alpine or Snowboard Exam.
- Pass all three one-day exams covering Teaching & Technical. The three days are broken down into modules as follows (modules may be taken before or after the skiing or riding exam).
  - Skiing:
    - Cognitive/Intellectual Disabilities and Vision Impairments
    - Mono-Ski and Bi-Ski
    - 3-track and 4-track
  - Snowboarding:
    - Cognitive/Intellectual Disabilities and Vision Impairments
    - Mono and Bi-Ski
    - Stand-Up

(Note: Modules may be taken in any order, but disciplines must remain grouped in modules as indicated above. Modules do not have to be taken in one season. Candidates may do one or more modules in a year.)

- Equipment riding requirements:

- Mono-ski - load and unload independently and ride equipment linking multiple turns on green terrain.
- Bi-Ski - load and unload with minimal assistance and ride equipment linking multiple turns on green/easy blue terrain demonstrating both edge prioritized and rotary prioritized turns.
- 3-Track/4-Track Skiing - Ski equipment to the intermediate level on groomed blue terrain.
- Stand-Up Snowboarding - Proficient outrigger use to the intermediate level on groomed blue terrain.
- All portions (modules and skiing/riding) must be completed within 5 years.

### **LEVEL 3 EXAM:**

Standards include basic knowledge and teaching through the advanced zone (intro to race, pipe & park, all terrain) in all Adaptive disciplines (see below).

- Pass a two-day, Level 3 Adaptive skiing or riding exam or previously passed the Level 3 Alpine or Snowboard exam.
- Pass three-day exam covering Teaching & Technical for all disciplines. The three days are broken down into modules as follows:
  - Skiing:
    - Cognitive/Intellectual Disabilities and Vision Impairments
    - Mono-Ski and Bi-Ski
    - 3-track and 4-track
  - Snowboarding:
    - Cognitive/Intellectual Disabilities and Vision Impairments
    - Mono and Bi-Ski
    - Stand-Up
- Modules may be taken before the skiing or riding exam.
- Modules may be taken in any order, but disciplines must remain grouped in modules as indicated above. Candidates may do one or more modules in a year.
- Equipment riding requirements:
  - Mono-Ski - load and unload independently as well as link turns on intermediate, groomed blue terrain.

- Bi-Ski - load and unload independently as well as link turns on intermediate, groomed blue terrain.
- 3-Track/4-Track Skiing - Ski equipment to the advanced level on black terrain.
- Stand-Up Snowboarding - Proficient outrigger use to the advanced level on black terrain.
- All portions (modules and skiing/riding) must be completed within 5 years.

### **(6) NATIONAL ADAPTIVE STANDARDS**

PSIA-AASI Western recognizes the National Adaptive Standards as the minimum standards for all levels of Adaptive Certification.