

LEVEL 7 Working On Mastered

GOAL: INCREASE PERFORMANCE
TERRAIN: ADVANCED TERRAIN

- I link turns on groomed black terrain, medium bumps, and easy trees.
- I change edges consistently across the gravity line.
- I apply different tactics to manage a variety of snow conditions.
- I can ride efficiently at speed and with intensity.
- I can ride a variety of transition features.
- Safety: I understand the importance of good decision-making based on my abilities and energy level.
- I am ready for Level 8!

THE MOMENT WHEN I KNEW I COULD SNOWBOARD: _____

LEVEL 8 Working On Mastered

GOAL: ALL TERRAIN VARIETY
TERRAIN: ALL ADVANCED TERRAIN

- I can link turns on a variety of expert runs.
- I manage board performance forward and switch.
- I can apply tactics and technique in steep, uneven terrain.
- I apply freestyle principles inside and outside of the park.
- Safety: I can apply safe decision making in all areas of the mountain, including freestyle and freeride terrain.
- I am ready for Level 9!

MY FIRST IMPRESSION OF SNOWBOARDING: _____

LEVEL 9 Working On Mastered

GOAL: MASTERY AND SPECIALIZATION
TERRAIN: ADVANCED AND EXPERT TERRAIN

- I can effectively ride expert terrain with rhythm and flow.
- I can ride switch on advanced terrain.
- I can adapt my technique for changing conditions in expert terrain.
- I apply freestyle principles inside and outside of the park.
- Safety: I am an ambassador of safety while snowboarding.

MY FUTURE GOALS IN SNOWBOARDING: _____

STUDENT NAME: _____

AGE: _____

PARENT'S NAME: _____

PARENT'S CELL PHONE: _____

ALLERGIES: _____

COMMENTS: _____

INSTRUCTOR NAME: _____



CHILDREN'S SNOWBOARD

AGES 7-12



PROGRESS REPORT

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LEVEL 1 Working On Mastered

GOAL: FUN & BALANCE
TERRAIN: FLATS, ROLLERS, GENTLE SLOPES

- I can put on and take off my own snowboard.
- I can glide and skate with one foot strapped in.
- I maintain balance while gliding over uneven terrain.
- I can change the direction of a glide to toeside and heelside.
- I have tried my first freestyle trick when standing.
- Safety: Sliding across snow feels secure and fun.
 - I'm ready for Level 2!

MY FIRST IMPRESSION OF SNOWBOARDING: _____

LEVEL 2 Working On Mastered

GOAL: INDEPENDENCE AND MOVEMENT
TERRAIN:

- I can balance and change direction on the heelside edge.
- I can balance and change direction on the toeside edge.
- I can steer my board into and out of the gravity line toe & heel.
- I can load, ride, and unload the chairlift.
- I learned a freestyle trick when moving in the flats.
- Safety: I look uphill before going across and check my heel side blind spot.
 - I'm ready for Level 3!

THE MOMENT WHEN I KNEW I COULD SNOWBOARD: _____

LEVEL 3 Working On Mastered

GOAL: ALL GREEN LEARNING TERRAIN
TERRAIN:

- I can steer my board into the gravity line and change edges.
- I can link turns.
- I can control my speed by turning.
- I can manage different gravity lines.
- I can hop and land when gliding downhill.
- Safety: I can stop safely on the side of the hill where people above me can easily see me.
 - I'm ready for Level 4!

SOMETHING I SAW ANOTHER SNOWBOARDER DO: _____

LEVEL 4 Working On Mastered

GOAL: COORDINATION AND PRACTICE
TERRAIN: ALL GREEN TERRAIN

- I link turns consistently.
- I can change the size and shape of my turns.
- I am playing with freestyle moves in the air and on the ground.
- I can ride a cat track and ride through flat areas.
- Safety: I can ride in control, I'm able to stop, and I avoid objects and people.
 - I'm ready for Level 5!

A TRAIL I LIKE A LOT: _____

LEVEL 5 Working On Mastered

GOAL: DISCOVER NEW TERRAIN
TERRAIN: GREEN AND BLUE TERRAIN

- I can link turns on intermediate trails.
- I ride at a variety of speeds.
- I play with different gravity lines.
- I can change edges before the gravity line.
- I can ride introductory terrain park features.
- Safety: I understand Park SMART.
 - I am ready for Level 6!

WHAT I WANT TO LEARN IN SNOWBOARDING: _____

LEVEL 6 Working On Mastered

GOAL: EXPLORING TERRAIN
TERRAIN: ALL INTERMEDIATE TERRAIN

- I can carve across the hill.
- I can link turns in uneven terrain.
- I can link switch turns.
- I can use my legs for steering and absorbing terrain.
- I can ride introductory and small park features.
- I can apply park SMART and understand ATML.
- Safety: I am aware of my body's hydration and food needs.
 - I am ready for Level 7!

MY MOST ADVENTUROUS SNOWBOARD EXPERIENCE: _____
