



**PSIA Certified Level III
Cross Country Movement Analysis
& Technical Understanding
ASSESSMENT FORM**

- Meets Standards**
 Does Not Meet Standards

Candidate:
Assessment:
Region:
Assessor(s):

Assessment Scale for Certified Level III	
1	Essential elements were not observed or not present.
2	Essential elements are beginning to appear.
3	Essential elements appear, but not with consistency.
4	Essential elements appear regularly at a satisfactory level.
5	Essential elements appear frequently, above required level.
6	Essential elements appear continuously, at a superior level.

ASSESSMENT CRITERIA

Instructor Decisions & Behavior		Technical Understanding	
Professionalism and Self Management: Promotes a professional environment by adapting behaviors to positively affect others. (Continual Assessment)		Utilizes current PSIA-AASI resources to evaluate a skier's performance, considering terrain, tactics, equipment, and wax choices at all skill levels.	
Needs/Safety Address group and individual needs for esteem.		Describe Personal Skiing Accurately describe personal and an observed skier performance using the XC Technical Model, accounting for terrain and tactical considerations.	
Behavior Management Adapts behaviors for positive group and individual interaction.		Describe Ideal Skiing Compare and analyze personal performance with desired skier performance, describing tactics and the XC Technical Model.	
Section Average: Must be 4 or above to meet Learning Outcome		Change Personal Performance Convey understanding by changing personal skiing performance based on comparison to desired performance and feedback in the advanced level.	
Comments		Utilize Information Identify and reference information from current PSIA resources relative to skier performance and desired outcome.	
		Section Average: Must be 4 or above to meet Learning Outcome	
		Comments	
Movement Analysis			
Accurately describes cause-and-effect relationships and provides relevant prescription for change for skiers at all skill levels.			
Describe Objectively describe a skier's performance, referencing any skill and all aspects of the XC Technical Model.			
Cause-and-Effect Describe cause and effect relationship between the skier's performance and ski performance, referencing any and all aspects of the XC Technical Model.			
Prescription Provide relevant prescription for change, referencing the XC Technical Model to create a change in desired outcome.			
Equipment & Wax Evaluate equipment-based cause-and-effect relationships relative to the student and their objectives in all skier ability levels.			
Section Average: Must be 4 or above to meet Learning Outcome			
Comments			