



# PSIA Certified Level II Alpine Movement Analysis & Technical Understanding ASSESSMENT FORM

- Meets Standards  
 Does Not Meet Standards

**Candidate:**  
**Assessment:**  
**Region:**  
**Assessor(s):**

Assessment Scale for Certified Level II	
1	Essential elements were not observed or not present.
2	Essential elements are beginning to appear.
3	Essential elements appear, but not with consistency.
4	Essential elements appear regularly at a satisfactory level.
5	Essential elements appear frequently, above required level.
6	Essential elements appear continuously, at a superior level.

## ASSESSMENT CRITERIA

Instructor Decisions & Behavior	Technical Understanding
<b>Professionalism and Self-Management: Contributes to a professional environment by managing their behaviors and emotions in response to others. (Continual Assessment)</b>	<b>Uses current PSIA alpine resources to describe ideal performances, using two or more alpine fundamentals and considering tactics and equipment choices.</b>
<b>Needs/Safety</b> Address group and individual needs for belonging.	<b>Understanding of Ideal</b> Accurately identify and describe ideal performances, using two or more alpine fundamentals through the intermediate zone.
<b>Behavior Management</b> Manage behavioral responses.	<b>Understanding of Biomechanics/Physics</b> Accurately reference relevant biomechanics and physics principles to describe the skiing outcomes.
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	<b>Evaluate Personal Performance</b> Evaluate personal performance based on described ideal.
<b>Comments</b>	<b>Utilizes Resources</b> Use information from multiple PSIA-AASI resources in relation to the desired outcome.
	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
	<b>Comments</b>
Movement Analysis	
<b>Articulates accurate cause and effect relationships of at least two skiing fundamentals through all phases of the turn resulting in an effective prescription for change for skiers through the intermediate zone.</b>	
<b>Describe Performance</b> Describe ski and body performance, relative to two or more alpine fundamentals in all turn phases, and from turn to turn.	
<b>Cause-and-Effect</b> Link ski and body performance when describing cause-and-effect relationships in at least two alpine fundamentals in all phases of the turn, and from turn to turn.	
<b>Evaluate</b> Evaluate the described performances and compare to more ideal performance.	
<b>Prescription</b> Prescribe a specific change in one alpine fundamental using DIRT (duration, intensity, rate, and timing) to create a change in desired outcome.	
<b>Equipment</b> Relate how equipment choice affects skiing outcomes through the intermediate zone.	
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	
<b>Comments</b>	